Beauty and Bodies: Social Media Campaign

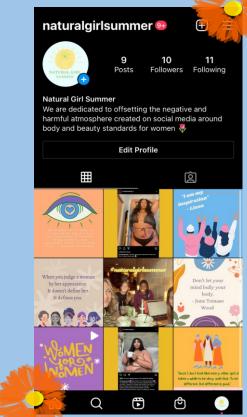


Megan Benzinger, Danielle Haynes, Alyssa Schweigert, Krissy Westmiller



#NaturalGirlSummer Campaign

- Natural Girl Summer is a campaign created to offset the negative and harmful atmosphere created on social media centered around beauty and body standards for women.
- We want to promote body positivity for everyone, as everyone's natural body is beautiful.
- For now, our campaign is meant to reach women in particular, but we would like to expand this to reach other groups of people as well.







"My weight? It is what it is. You could get hit by a bus tomorrow. It's about being content. And sometimes other priorities win." — Melissa McCarthy

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naturalgirlsummer #naturalgirlsummer #bodypositivity #loveyourself #bodypositive #summerbody

4 days ago

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lizzobecating to WELCOME TO TAURUS SEASON To celebrate I wanna give y'all this unedited selfie.. now normally I would fix my belly and smooth my skin but baby I wanted show u how I do it au natural – I am excited to be partnering with @dove and the #DoveSelfEsteemProject which is helping to reverse the negative effects of social media and changing the conversation about beauty standards. Let's get real y'all

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naturalgirlsummer lizzo is our biggest inspiration for our group, always encouraging people to be proud of their true selves! #naturalgirlsummer #bodypositivity #loveyourself #bodypositive #summerbody

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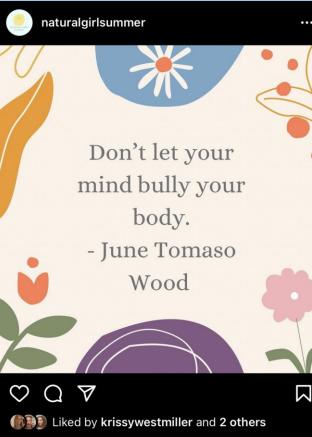
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naturalgirlsummer alexa play "water me" by lizzo #naturalgirlsummer #bodypositivity #loveyourself #bodypositive #summerbody

April 30

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naturalgirlsummer #naturalgirlsummer #bodypositivity #loveyourself #bodypositive #summerbody

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When you judge a woman by her appearance. It doesn't define her. It defines you.

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naturalgirlsummer women support women #naturalgirlsummer #bodypositivity #loveyourself #bodypositive #summerbody

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4 views · Liked by krissywestmiller and lyss.lyssy

naturalgirlsummer always #naturalgirlsummer #bodypositivity #loveyourself #bodypositive #summerbody

April 30

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 $\bigcirc \bigcirc \bigcirc \land$ 2,303,147 views lizzobeeating I felt like everyone deserved to see how fine I looked yesterday 😂

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naturalgirlsummer lizzo popping off YET again ... let's keep that energy! #naturalgirlsummer #bodypositivity #loveyourself #bodypositive #summerbody

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"Since I don't look like every other girl, it takes a while to be okay with that. To be different. But different is good."

- Serena Williams

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naturalgirlsummer our page is dedicated to making everyone feel comfortable in their own skin, follow us to be reminded every day that you are enough! #naturalgirlsummer #bodypositivity #loveyourself #bodypositive #summerbody

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We think it's important that #naturalgirlsummer is just the beginning of a body positivity movement, and that everyone should feel not only comfortable in their own skin, but *proud* of it. We hope that in the future, we can reclaim social media as an inclusive and supportive space.

Follow us <u>@naturalgirlsummer</u> on Instagram!





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naturalgirlsummer meet the creators of #naturalgirlsummer 💙 #bodypositivity #loveyourself #bodypositive #summerbody

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